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Orlondo Steinauer, Hamilton Tiger-Cats Head Coach

Michael O'Shea, Winnipeg Blue Bombers Head

Coach

SUBJECT/SUJET: The 2021 Grey Cup Head Coaches' news conference with Hamilton Tiger-Cats Head Coach Orlondo Steinauer and Winnipeg Blue Bombers Head Coach Michael O'Shea.

Olivier Poulin: Head coach's press conference, I'm Olivier Poulin, Senior Director of Communications and Public Affairs with the League Office. I would now like to introduce our guests today.

First from the West Division Champion Winnipeg Blue Bombers, Mr. Mike O'Shea, and from the East Division Champion, Hamilton Tiger Cats, Orlondo Steinauer. Gentlemen.

So – Chaz is clapping, we'll do the photo up next to the trophy, gentlemen please. We'll wait for a few more seconds. You guys are good? All right, thank you. There won't be any opening remarks at this time. We will, once we reset the trophy in the back we will be taking questions from the floor.

We've got mic runners on each side of the room, Giome(ph) is on one side. Where's my other mic runner? Oh, Herb, you're right there, perfect, and we will be kicking things off with Terry Jones who raises hands. Yeah, do me a little hand signal, don't look for the raise hand function on your screen, this is a live event, just physically raise your hand please. All right, Terry, go ahead.

Question: Orlondo, one of the interesting aspects of this matchup is it is the same two teams, same two coaches in consecutive Grey Cups. Now you did that as a player and I believe you lost the first game and won the second. As a coach are there, is there any similarities to this situation? And, Mike, if you've got any thoughts on that I'd appreciate it. But I'd also like the two of you to answer a question, just how different it's been to get to this Grey Cup compared to the last one you were in. Thank you.

Orlondo Steinauer: Okay, to the first part I would say that there's not a lot of similarities outside of just the fact that we're playing in back to back games against back to back teams having done that against Calgary, I assume you're referring to the Hamilton Calgary, yeah two completely different games, same head coaches though, at the time Lancaster and Wally Buono.

And so outside of just the obvious things there wasn't, there's nothing to draw on from this really for me. And I would say that, you know and this journey has just been so different than 2019. You know our team, our football team looks different. We took a different path here and it's, it's been a roller coaster ride but it's been enjoyable. When you go on those roller coasters you want to be, you want to be with the right people and it took us a while to figure that out. And but at the end of the day this is why everybody goes to training camp, this is why you prepare that you try to get better every offseason for this opportunity.

Michael O'Shea: Yeah the journey, completely different, completely different season. Obviously we ended up in a different spot in the standings but I think one of the biggest challenges I know for our team, and I would imagine for other teams too is just with adherence to all the protocols it was just really tough to figure out how to facilitate the guys creating that team that you need at this time of year.

And you know the players are so resilient, they find ways and it ends up working out in the end but that was certainly on the front of my mind you know in the offseason or the extended offseason and through training camp and through the season is you know how are we going to get them to come together the way they need to.

Olivier Poulin: We'll go to Aurasma(ph) Danny followed by Jeff Hamilton and then Paul Freisen(ph).

Question: Hey, Orlando, who's your starting quarterback Sunday?

Orlando Steinauer: Right out of the chute, huh? Yeah, Dane will start for us.

Question: And how do you balance that decision with what the season has been like? And how did you kind of manage that whole thing during the year?

Orlando Steinauer: Yeah, a good question. I think it was more managed by the two people that are you know that are players meaning Jeremiah and Dane. I think it's, it was transparent from the start, you know from you know being able to sign both of them. They understood only one was going to be able to start and the other one was going to be disappointed.

You know I remember the first time when I brought him in you know Dane was definitely disappointed, Jeremiah was humbled, he wouldn't jump in for joy. You know they, it was a highly competitive camp. So managing it is to me was just about if you want something you just out in front, it's communication and being authentic with them.

And they've earned that, they're A people, they're A quarterbacks obviously and so you have to make a decision, you can't you can't start them both. And so it was never easy because you know personally I don't like letting people down but you got to make a decision, that's what I get paid to do.

Olivier Poulin: Next question from Jeff Hamilton, Paul Freisen, Steve Simmons and Scott Rally(ph). Jeff.

Question: No secret your guys relationship closeness and you know

coaching and playing together, coaching against each other. On that topic I'd like for each of you to tell us what it is about the guy you're sitting across from that you appreciate the most as a coach.

Michael O'Shea: I'll go first.

Orlondo Steinauer: Thank you.

Michael O'Shea: Having been around "O" for as long as I have and got to be on the field with him and then coach with him, I mean besides all the x's and o's and how just damn smart he is, you know he's just a better dude. You know he's just a better guy that you just, you want to hang out with and have a beer with. That's pretty simple for me.

Orlondo Steinauer: For me I mean I could make this entertaining but I couldn't say it, I could say the exact same thing in reverse and it'd be 100% authentic, not 99 but 100%. I know that that doesn't make good storylines but absolutely you know there's, I just watch this man prepare, I watched the commitment he had in the offseason as a player, we came in and coached together and he was the exact same.

I remember we were, give you a little, we were sitting there and Coach Barker wanted us to put together playbooks. We just kind of looked at each other. They gave us this big thick one from the Redskins, about 300 pages and we're like we don't really stand for this you know. And he just came out authentic.

Obviously, I won't get into fine fixtures and details but he's just, he's that guy and you want to talk about go sit down and have a beer with and just be people, coach is a title, you know. I think we're people first and I got to keep it light because I'll get emotional, that's the truth. Like I care about him as a person and I'm not shocked why he's up here again. He's just a fighter, he's, everybody should be proud. He's a true Canadian and what the CFL is about.

Michael O'Shea: I guess I should have went second, damn.

Question: Just one more from me. You both have had Zach Collaros you know throughout his career at different points, Mike obviously in Toronto and then now in Winnipeg, "O" during you know pretty much his rise in Hamilton. I'm just wondering in your own words what you make of his journey you know from where he was to where he is now and what you make of that.

Orlondo Steinauer: I'll give you a tidbit. So he was named basically the fourth quarterback in 2012, but I just remember going by the weight room at the University of Toronto and Mississauga and there's this quarterback in there power cleaning and that just kind of sums up Zach.

He's a worker, it didn't matter what role he was going to have that year. He knew he wasn't one, Jarious Jackson and of course we had Ricky Ray and we had Trevor Harris. It didn't even bother him.

And so when he got his opportunity there was no doubt in my mind, he already had the

physical tools. He bought his time and he's here today so no surprise, he's ultra competitive when he was around here and obviously his physical still speak for themselves.

Michael O'Shea: Yeah, I don't think it's a surprise, once you get in a room with them as we were back then it's not surprising that he's at this level. As "O" said, ultra competitive, an easy guy to follow, like a good leader and you know something that would get said around, by retired guys is he's one of us, he just is. You just you're drawn to him and we're so pleased that he's on our team.

Question: Next question from Paul Freisen, then the lineup is Steve Simmons, Scott Riley, Danny Austin, Farhan Lalji and Mr. Allen right there. Paul.

Question: Thank you. How did each of you guys handle the vaccination issue on your teams as far as encouraging whether you know that was best for the team that your players do it? And then how disappointed are you in those who chose not to and start, Mike, because it's cost you a player this week.

Michael O'Shea: Yeah, so with vaccination and stuff you have to deal with each person individually, right. So you have the broad statement saying here's what the science suggests, here's what the protocols are, here's what might come down the pipe as we go along. And then you're, as always you're dealing with humans and there's some very passionate conversations you know in the office and I'm not talking about you know hammering players that you have to do this, you're listening to the players and you get a sense of where they're coming from.

And like with anything when you're, when a player is not able to play for whatever reason what comes to my mind is the person and what they're feeling and the turmoil that they're going through, right. So I don't know that I ever took a hard line stance in terms of conversation. I did more listening I think, I hope I did and in the end it's always about the individual player.

Question: (inaudible) not being able to be here?

Michael O'Shea: He wasn't able to travel.

Orlando Steinauer: Yeah, I apologize but I got to echo a lot of the same sentiment there, it's a case by case basis, never had a strong meeting about what they should or should not do. Definitely educated them on you know as "Osh" said the science or the facts, but things were always changing. I mean the fact that we were able to get the percentage that we did, you know obviously I was pleased with as from a coaching standpoint because selfishly I want everybody out there and whatnot.

But there's no finger pointing, there's no disappointment. People can, you know they're humans as "Osh" said. Like they can make their own their own decision and it's, you know while from the outside in it might be well that's personal, that selfish, that doesn't enter their mind. It's, you know it's their personal choice, right.

And with the protocols and everything and they were changing not just you know outside the building but inside the building that's a, that was a tough juggling act, right.

But all you have to know is that you weren't the only team going through it and then you just push on.

So yeah there was challenges, but we knew that going in. And you know I think for a lot of these, you know depending on what state they were coming from or possibly province there's different rules and regulations so they're going from maybe a little bit more freedom, quote, unquote, to all of a sudden these strict rules and guidelines and mentally it's taxing.

Olivier Poulin: We're going to go to Steve, Mike's on the way.

Question: I don't know if there's ever been a circumstance where two guys who played together, won together, coached together, won together and then wound up opposing each other as you guys have in the past two Grey Cups have ever happened in pro football history to be honest. I'm wondering if you can look at the uniqueness of your circumstance when you look back and consider where you've come from, where you started and where you are right now, to get to this point in history.

Michael O'Shea: I don't know that we're, I'll probably speak for "O" too, I don't know that we're at that point where we're looking back you know, that's a long way away, I don't even know if I'm going to live that long but that's a long way away to start looking back.

It's obvious from what we've said we appreciate each other and the connection we've had over the years, where it started even you know and how it's turned out. I know I'm happy for him, I love watching him work, but sit back and ponder all those things you just said, hey, we're looking forward, we got a game on Sunday and you know it's going to be competitive.

Michael O'Shea: Yeah, thanks "Osh".

Orlando Steinauer: Sorry.

Michael O'Shea: No, no, I'm saying that you did it. I don't know, I'd just say that yeah, like he said just from starting work, you know and I think he was referring to even being teammates you know with the Detroit Lions for a small time to where we're at now, that's about, you know it's a great story to maybe be written at another time. But you know I'm a lot like "Osh", like you're kind of where your feet are planted and you're full steam ahead right now. And you know I'm happy for "Osh" and you know it's just one of those, ne of those situations that again you'll reflect later, not now.

Question: What were the circumstances of meeting him the first time?

Orlando Steinauer: I just remember being in the locker room, right, and I didn't, I was kind of unaware except for I kind of heard a little buzz that there was this guy that you know played in the CFL and whatnot. And of course I was familiar with the CFL just you know being from Seattle and a bordering state so I had got some feeds and whatnot. And so that was kind of where it was.

And then oddly enough, I don't know if you remember this, "Osh" but you know I actually

have a picture of standing next to 99, that's okay, I had 32 so I wasn't a shoe in to make any football team myself. We both had a number though and we both played and oftentimes you know we were in the same group so I was able to watch him play and I knew he was a student of the football game and he really didn't put up with any you know what out there, didn't matter who the opponent was.

So that's how I, that's when I first remember. And then I came to Canada and he was, you know he's so humble. I didn't know he was a frickin legend up in Canada, I come and he's you know, winning Grey Cups with Toronto as a player. So that's kind of my memory of "Osh" and when I first met him.

Olivier Poulin: Thank you, Scott.

Question: Mike, you've had let's call it a complicated relationship with Ticat fans over the years, talk a little bit about that. And as a coach do they treat you differently, less vigorous now that you don't have the pads on and you're standing on the sidelines?

Michael O'Shea: There's a couple of guys behind our bench that are full of vigour, the joke or the, some of the messaging I've been getting from the guys who were around during that first transition to Toronto from Hamilton, they're, some of them are glad that you know D-cells aren't as prominent as they used to be, various points like that. One trainer said I should still wear a helmet just in case, you know those type of things. I think it's calmed down quite a bit but there is, there are a few fans that still feel jilted.

Question: Orlando, you stood beside Mike on the sidelines sometimes in Hamilton. Do you remember those? Do you remember hearing things, do you remember seeing things? What was that experience like, or did he even get close to him during those games in Hamilton?

Orlando Steinauer: It just showed me how much they loved him, how much that he was to be honest with you. And I did stand by him, but he's not over exaggerating the battery story, but you did have dugouts that you could tuck into back then. Yeah the rival, I mean I love it, that's the CFL, right? That's what's beautiful. They love their teams and you know I share the same thing. When I was in Hamilton they love me, when I came back not so much and that's just what it is.

Michael O'Shea: "O" just happens to be a much nicer guy than I am. So people like that.

Orlando Steinauer: Well I dodged a couple of objects myself.

Olivier Poulin: We'll go to Danny Austin. Danny.

Question: Mike, from the outside looking in it at times felt like every team in the league was dealing with adversity and then it was just smooth sailing in Winnipeg. You referenced the challenges of this year, what were some of those things that you guys did have to kind of really work out and overcome?

Michael O'Shea: Well there's all sorts of untold stories in every year, even in 2019, there's like you deal with a lot of stuff in house that you just deal with, right. So the same thing, we're, we faced our own adversity this year, not as much as in other years, and a lot of it stays in house.

I mean, you just look at the last game we played, that first half was you know as adverse as you could probably get in a football game and our guys managed to battle through that, collect themselves at halftime and go out and figure out how to get it done. So but every team faces adversity, their own adversity and I would suggest that most teams deal with all that stuff in house and you'd be, you won't even know about it.

Question: And the just quickly, Orlando, to go back to 2019 what have you learned from that Grey Cup game? Obviously a challenging, challenging evening for the Ticats.

Orlando Steinauer: Well you always will gather experiences, but I think like I've echoed before, each year and each team is so different and it's two years removed and there's a lot of players on this football team that have no idea when referencing even what I'm talking about.

And so you always take the experience, but I think nothing, it's not like the result wasn't favourable so now we change practice plan, we change outlook, we change our core values, we change. We got beat on that day by a better football team, and is it frustrating? A hundred percent, but there are things that you tweak but you also got there because of a lot of things that you built on the foundation.

So you'll always take the experience you know and there's lots of players that were in that game and I think sharing that with other players and understanding you know where there was at, their own opinions, like there's a whole other life that takes place in the locker room than when you're all together as an organization.

So you know as "Osh" said, the players are the really ones that make it up but I don't carry a cookie cutter model and say this is what happened, this is what we have to do because our team is different.

Question: All right, we'll go to Farhan Lalji followed by Mr. Allen right up front, we'll go to Frank and then we have the queue is empty so if you have questions now's the time to signal, we still have a few minutes with the guys. Farhan.

Question: For either one of you or both. For two guys that know each other extremely well did you learn anything different about one another coaching against each other in a Grey Cup last year, or 2019?

Michael O'Shea: I'd say no, simple answer. I think yeah, I don't know that you got to go too deep to understand "O", you know he's authentic, he is who he is. He's not going to hide anything. So I think I knew pretty well most things about him prior to that.

Question: You guys are both in different situations than you were in '19. I mean '19, Hamilton was the heavy favourite after a really, really good regular season and Winnipeg went through the road trips and did all that to get there, you're in

opposite situations now, Winnipeg's had an exceptional season, is really highly regarded roster wise, coaching wise, all of it. Do you – how do you prepare for that differently now that you're in the, on the other side of it?

Michael O'Shea: You know nothing's guaranteed, if you don't stick to your process and put the work in the, doesn't matter, right? There's no, there's no carrying your regular season record into the postseason, it just doesn't work that way.

Orlondo Steinauer: Well as far as learning anything, like yeah, there's nothing there except for I know, you know there was a lot of, well you beat them twice in the regular season, like "Osh" has just alluded to it. I knew that that mattered none to the guy that's sitting next to me nor would it matter to his football team because I know how prepared he was and the mindset so that has no bearing.

And for us this year taking the other, the other way it's the most important game was the first playoff game, and then our second one, and it just is, you know we're in the same spot as last year just took a different journey so love the build up. But you know the game is always to be played and only talked about leading up to it.

Question: Last thing for me is you were asked earlier about Zach, when he left Hamilton he was at a pretty low point in his career after you know being at a pretty high point before the injury. And then you got a quarterback that was at that point and dealt with some adversity and was trying to rebuild his career. Can you both talk about kind of that moment when you first got Zach, and Orlondo in your case when he left Hamilton?

Michael O'Shea: Yeah, when he, when he walked in the building he got right into the meeting, he knew how to approach his teammates in the meeting, he listened a lot as you knew he would. I'll say I don't think there was another guy that could come in and do that, right, like looking around the league as we're pondering what we're doing and Kyle's bringing suggestions, I'm not sure there was another guy that could fit in that seamlessly and get it done.

So from the second he walked in it was obvious that he could, you know, and that's the only reason why, you know you wouldn't have brought another guy in, it just wouldn't have worked like that.

Orlondo Steinauer: And I'd say most of, you know I wasn't around really when the change kind of happened. You know I was at Fresno State kind of when June you know had the football team and they had the slow start and whatnot when, so I don't really know really what happened there.

So you know I just know that regardless I knew who he was at the core, you know I'd competed against him you know having been a coordinator in Hamilton when he was in Toronto. And so like I said earlier not surprised but most of that as you referred to it as the low parts were basically when I wasn't around, it was all highs really before the knee injury when I had him or when he was with us in Hamilton when I was the coordinator.

Question: Orlondo, what type of growth have you seen from Dane Evans since the 2019 Grey Cup loss?

Orlondo Steinauer: Experience, just being there, dealt with different personalities, hunger, disappointment, all the emotions that you would go through when everything's on your shoulders, quote, unquote, as a quarterback. He hasn't changed. You know that, you know the – he would be better to ask as far as like you know the fine fixtures and details of things he wanted to work on and whatnot.

His physical attributes, he can make all the throws on the football field, he's a different leader than Jeremiah, he, you're going to see more emotion, that's who Dane was. That's who Dane was when I was working with him on the scout team. Like he's competitive, he wanted to complete every ball even though you're telling them where to throw it.

The growth would just be you know quicker decision making probably, you know just understanding things and just growing from times when he hasn't achieved as high as he'd like.

Question: And Mike, with one of your contracts being kind of the norm in today's CFL it seems like, how kind of special is it that you basically have the exact same team for the most part from 2019?

Michael O'Shea: Yeah, it's excellent, it's interesting all in the same breath. I think the players really like being around each other. They've got a good relationship with each other in the locker room and so I believe that they were selling each other on the benefits of all being back.

Olivier Poulin: Frank.

Question: Gentlemen, congratulations on being here. You both have reputations for being people persons. We've talked about a lot of the people, specific players. How about talking about the coaches, the staff that you bring in, the ones that you decide on when the season starts? What kind of assets do you look for specifically or generally in the game on Sunday?

Michael O'Shea: What kind of assets in terms of our coaching staff?

Question: Yeah, well, assets or (inaudible) well they bring help, they bring...

Michael O'Shea: Yeah, I just think it's the same as in any business really, you hire people better than you and you let them work. I've got guys that are good men that work their tails off and they're good coaches. So it's, I've learned my lesson, I shouldn't interfere with them, I just let them do their thing.

Orlondo Steinauer: That's it, we're hiring people, you know your title is your title and most of the time they understand the X's and O's but can they relate to people. So my goal is always hire, as "Osh" said, obviously look at my staff, they've coached a lot longer than I have. It mattered to me zero. Just wanted to have the right people.

And like I said I'm not a micromanager, I'm going to give suggestions, I'm going to coach the coaches but at the end of the day if I'm going to coach the DBs or the

defence then I should do it. Other than that I should get out of the way, let them do their thing, right. I'm there, I'm there as support for him but you know that's what they've been hired to do. So that's just answering the way "Osh" did a different way.

Question: We're going to go to Dave Naylor, Paul Freisen, Danny Austin, Jeff Hamilton then we'll go to Terry. Dave.

Question: Guys, kind of a follow up question about the roster consistency. I don't know this scientifically but I think you guys probably have among the most strongest rear roster consistency from 2019 to today in the league. How much does that matter in terms of being able to put together a quality team as a head coach, how much does roster consistency matter?

Michael O'Shea: I'd put it as a priority but it doesn't always work out that way. We came in this year without the same boundary corner and boundary half which is they're in a hot spot on the field and our staff did a great job of bringing guys in and our coaching staff did a good job of navigating through all the players and figuring out where that combination would lie.

But other than that, yeah, having basically an entire offence back was pretty important, especially you know with Buck taking the helm and he's done such a great job. But having those guys back who understand what we need and want is, was pretty important.

Orlondo Steinauer: Yeah, I would probably echo that, you know even though you may have them back you know we battled injuries. So while they may have been in the building they weren't available to play so it's you're kind of in the same boat. So you have to be prepared for those types of situations and you don't know how that's going to turn out, right. There, especially this year there was, you know there was no, there was no preseason games to let you know people turn it loose and how much do you really want to beat up on yourself you know and those types of things.

So lots of challenges but I think, you know I think continuity and having things that it does allow you as the saying goes to you envision being able to hit the ground running, you know and the other, everybody else kind of has to catch up, that's the advantage not just physically but just culturally, right.

The things that you're, you know "Osh" alluded to it earlier, like some of the things that I really believe in you know is meeting like this right in front of people, and this wasn't an option this year. So you know there were some adjustment on the coaching and that type of thing. So yeah, but at the end of the day you find a way to make it work.

Olivier Poulin: We'll go to Paul Friesen. We're going to do questions, no follow ups please, we're tight for time. Paul.

Question: When you look at your opposing coach here what is the one thing he does best? The one thing you know is going to make his team ready on Sunday.

Orlondo Steinauer: Oh you're eye at me, sorry, the glare. That's kind of

something I'd tell my team I think. They'll be prepared. I mean I could branch off from that but that's what I know is going to happen, they'll be prepared.

Question: (Off microphone)

Orlando Steinauer: Ah, I'm just telling you that this guy will have his football team prepared.

Question: What's the one thing that Orlando does best?

Michael O'Shea: Well obviously the prep will be there too, the X's and O's will all be there, you know he's always related to people, you know best in the room at relating to the players.

Olivier Poulin: Danny.

Question: Orlando, when I look at this Bombers team, I mean from the defensive end spot they're bringing with Jeffcoat and Jefferson, arguably two of the three, I mean, you guys have Ja'Gared Davis, I have him right up there but of the best defensive ends in the league what can you do to just limit the damage that those guys can do?

Orlando Steinauer: I think what goes unnoted...

Michael O'Shea: What protection are you're going to run? What are you going to do?

Orlando Steinauer: So whiteboard. I think when you turn the tape on I'll say this and this, I mean if you watch any tape at all other than the statistics or analytics they play hard. When you play hard, generally as a general statement I think it doesn't matter where you play if that's the guard on the punt team. If you play hard with your talent it gives you the best opportunity to achieve and that's what they do. That's what they do.

Olivier Poulin: Jeff, the mic is coming to you. Jeff and Terry Johnson. Jeff, go ahead.

Question: Yeah, thanks again guys. We spent the last half an hour here talking about your guys character, how prepared you are, you know all these great attributes of a coach. And you know it's no surprise to me that you know you're, you both you are back here. You hear about the way your players talk about you, the respect they have for you, you know both sides say it starts from the top at their head coach.

And I'm wondering you obviously played for a lot of coaches, you've had you know people inspire you in certain ways. But I'm wondering what you think is important in today's day and age in coaching, in having those relationships with your players and what the benefits are when you have a team that is willing to you know, quote, unquote, run through a wall for their coach. To both of you.

Orlando Steinauer: It sounds simplistic, but you know you can label whatever

you want to label, millennials, this generation, that generation, raised with a phone, not with a phone, they're people. If you relate to people and you're authentic it'll give you the best opportunity.

When you put 70 people in a room they're not all going to like you. This is their job, this is how trying to feed their family, it's not about getting them to like you, it's can you get them to bond, like can we get all you guys to bond, that gives you the best opportunity as a team.

So you deal with them as people, not as X,Y, Z, however you want to label, right. And when you treat them as people and the bottom line is is that humans and people make mistakes so there's got to be certain amount of grace. Now at the same time you're responsible for winning and losing but you know that when you sign up, that's not the focus, right? So if you said what did you say, I would say people, you just got to deal with them as people

Michael O'Shea: He said it pretty well. If not for grace I wouldn't be sitting here so you know. The other thing you realize with people is despite how we want it to go and how we envision our bubble, they walk into our stadium and you just see this is the way the day is going to go. Life is going on for these guys outside that door and as much as you ask them to you know get focussed as soon as they walk through it, it doesn't work that way. You know so you have to respect the fact that their life is going on outside those walls too.

Olivier Poulin: Terry, go ahead, and just before you ask, yes, I did ask for a hold on the media bus to go to the stadium because we're tight with the end of the event. Terry, go ahead with the final question.

Question: For those of you who never attended this function before, this question has been asked for decades and it began it's called a Jim Shakey Hunt Memorial question and basically he interrupted the press conference at stages where he thought it was getting boring to ask this question.

I debated about asking it this year because there may be a COVID protocol involved in it anyhow. But the question is quite simply what are your philosophies going into this Grey Cup, especially with everything that surrounds it, and your players engaging in sex before the football game? And we'll start with Orlando.

Orlando Steinauer: Thank you because I got hammered last year. I don't and I'm sorry I don't have anything creative but I've always just said you got to do what's got you here, right. And with that I'll turn it over to "Osh".

Michael O'Shea: Yeah. Yeah I went through and tried to come up with something but the interesting point you brought up is this year is really different, all right. The way the protocols work and the respect that a teammate has to have for his other teammates in order to make sure that their health and welfare is looked after is it's paramount, right. So I think the COVID protocols have taken care of any answer that you can conjure up for this question this year.

Olivier Poulin: All right, thank you, gentlemen. We'll see most of you at Tim

Horton's Field for Ticats practice. Thank you to both coaches.